

ATTACHMENT A – DAILY ROUTINE

As required by 102 CMR 8.1, the provider must develop, implement, and submit to the Office a written plan that addresses curriculum, activities and routine. As a prospective caregiver, our philosophy will focus on providing childcare services that nurtures, it is responsive to the individual development needs of children, and that supports the development of self-esteem, social competence, and school readiness through a developmentally and culturally appropriate bi-lingual learning environment.

Curriculum

We believe our curriculum should engage children in developmentally appropriate activities built on children's individual strengths. Early education is a time to nurture children's intellectual and physical curiosity, develop logical reasoning, and shape children with basic academic foundation.

My role as a caregiver is to actively engage children through intentional learning experiences that shape the social, physical, emotional, and cognitive development, creating a learning experience and environment that fosters community.

Our partners are families and we look forward to influence the learning process of children.

Routine

Daily schedules are developed with the following in mind:

- Matching the age and abilities of the children.
- Outdoor time, both structured and unstructured, every day if weather permitting.
- At least two large blocks of time for child-directed learning.
- Physical education.

And include the following activities:

- Morning and Afternoon Group Time
- Small-Group Activities
- A balance of active and quiet play, group and individual activities.
- Learning opportunities
- Bilingual education (Spanish as a Second Language)
- Outdoor play and activities, weather permitting.
- Snack and meals
- Rest time

Here's an example daily schedule for our children in care.

Open – 8:30 a.m.

Arrival and Breakfast

Children participate in quiet activities and eat breakfast.

8:30 – 9:00 am

Oral hygiene and handwashing

9:00 a.m. – 9:30 a.m.

Stretching and physical activity

9:30 a.m. – 10:00 a.m.

Community Time

Children come together to welcome each other and talk briefly about the day's events. Other activities include a read-aloud and a song or fingerplay.

10:00 a.m. – 10:30 a.m.

Activities/Snack

10:30 – 11:00 a.m.

activity

Teacher begins a theme-related activity. Children participate and explore with theme-related experiences that change weekly.

11:00 a.m. – 11:30 a.m.

Outdoor Play

Children enjoy structured and unstructured play outdoors, weather permitting.

11:30 a.m. – 12:30 p.m.

Lunch

Children wash their hands, help set tables, and prepare to eat lunch family-style.

12:30 a.m. – 2:00 p.m.

Rest Time

Children nap or rest quietly. As children wake up, they can select from different quiet activities such looking at books.

2:00 p.m. – 2:45 p.m.

Learning Activities

Teacher begins a theme-related activity. Children participate and explore with theme-related experiences that change weekly.

2:45 p.m. – 3:15 p.m.

Outdoor Play

Children participate in structured and unstructured play indoors/outdoors.

3:15 p.m. – 3:45 p.m.

Snack - afternoon

Focus Activity

Children participate in a whole-group activity from one of five weekly focus areas, both inside and outside the classroom.

3:45 p.m. – 4:00 p.m.

Community Time

Children come together to talk about the day's events as well as any special events planned for the following day. Other activities include read-aloud and a song or fingerplay.

4:00 p.m. – 4:30 pm

Close

Learning Activity

Children explore and play on their own.